

GP Newsletter

Cobalt Hospital

July 2024

CQC Rating

Cobalt Hospital in Newcastle, part of Ramsay Health Care UK, is delighted that the Care Quality Commission (CQC) has rated the hospital 'Good' following its latest inspection. The report, published on 29th February 2024 rated Cobalt Hospital to be 'good' in areas including being safe, effective, caring, responsive and well led.

Chris Dean, Hospital Manager said:

"I am immensely proud that Cobalt Hospital has been rated 'Good' by the CQC in all domains and the result is a reflection of the hard work and dedication of all the staff. Our team works hard to ensure patients receive high quality care. It has been rewarding to read the CQC report which acknowledges this, and to share this with our team. I am delighted the inspectors recognised the value we place on delivering high standards of patient care and we will always continue to strive to deliver the very best health care to our local community."

Julie Davidge, Head of Clinical Services added:

"I am very proud of the hard work being delivered by the entire hospital team to help achieve this result. We will continue to work towards our goal of being an 'Outstanding' Hospital. Achieving good across all areas is testament to the staff, the dedication and the culture to provide excellence in patient care."

The report can be found on the CQC website.

Cobalt Hospital is part of Ramsay Health Care, a global leader in the independent healthcare sector with 480 facilities across five countries and 34 hospitals in the UK. Cobalt Hospital treats private, insured and NHS patients across a range of treatments and services including: Orthopaedics, General surgery, Gastroenterology, Vascular Surgery and Cosmetic Surgery.



JAG Accreditation

Cobalt Hospital is proud to achieve re-accreditation of JAG. Join accreditation group (JAG) visited the site during January, and successfully awarded the Endoscopy department with re-accreditation. Jag is the 'gold standard' for Endoscopy services within the NHS and Independent sector hospitals. With the hospital achieving the accreditation patients can be assured that the endoscopy unit provides safe and high quality care to all patients.

Accreditation is a supportive process of evaluating the quality of clinical services by guiding services through a quality framework. Accreditation promotes quality improvement through highlighting areas of best practice and areas for change, encouraging the continued development of the clinical service. Accreditation is a voluntary process for services to engage in. Having developed standards with a multi-professional group of clinicians, managers and patients, services participating in JAG accreditation work to an accreditation pathway which involves self-assessment and quality improvement against the standards. Accredited services submit evidence annually to demonstrate that they are continuing to meet the standards and have a 5-yearly on-site assessment carried out by our experienced assessment team.

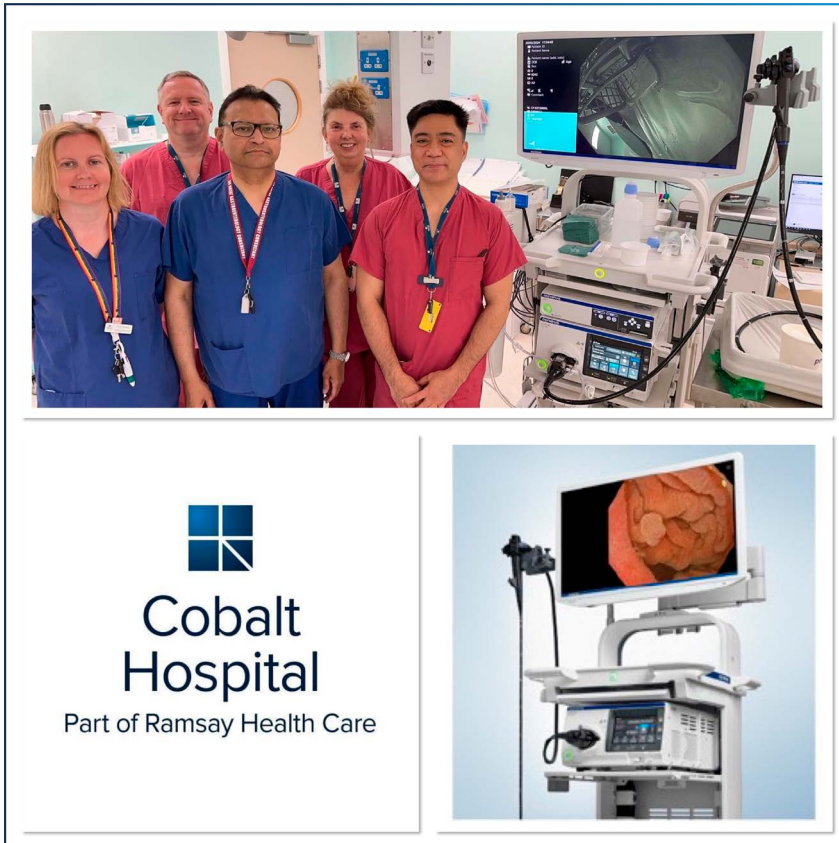
Vicki Turnbull, Endoscopy Manager said:

"All of the Consultants, Nurses, and Decontamination Technicians have worked very hard in order to help the department achieve the accreditation. A big thank you to all of the team for their hard work, I am extremely proud"

Cobalt is very excited to be chosen for delivery of new Olympus Endoscopy Equipment. This will further enhance the patients care as it top of the range equipment. The endoscopy team look forward to welcoming endoscopy patients.



Elevating Standards in Endoscopy at Cobalt with Advanced Olympus Equipment



We are delighted to let you know that Cobalt Hospital has secured Olympus' most advanced EVIS X1 scopes, elevating our endoscopy services to new heights. This cutting-edge equipment enables us to deliver the highest standard of care, ensuring superior outcomes for our patients.

Olympus, the global leader in gastrointestinal endoscopy, has designed the EVIS X1 to revolutionize the detection, characterization, and treatment of gastrointestinal disorders. This system introduces a suite of user-friendly technologies* that set a new benchmark in endoscopy.

The addition of the ScopeGuide provides a real-time 3D image of the endoscope's position and configuration within the colon. This innovation simplifies navigation, allowing for quicker identification of loops and significantly reducing patient discomfort.

We are also implementing Carbon Dioxide (CO₂) insufflation as a standard practice during endoscopy. This technique allows for rapid bowel decompression, reducing procedural pain, sedation needs, and shortening both procedure and recovery times.

Additionally, our new water pump facilitates water-assisted colonoscopy (WAC), offering

two key benefits: 1. Gravitational Effect: Reduces colonic elongation and loop formation, minimizing discomfort and sedation requirements. 2. Enhanced Mucosal Views: Improves adenoma detection rates (ADR) through superior water irrigation.

Our commitment to providing patient-focused, high-quality endoscopy is exemplified by our investment in the latest technology. Dr. Kejariwal, Consultant Gastroenterologist & Endoscopy Lead, emphasized, **"The latest EVIS X1 Olympus endoscopic equipment is a game changer in improving patient comfort and increasing diagnosis of disease and detection of pathology."**

At Cobalt Hospital, we are dedicated to advancing healthcare through state-of-the-art technology, ensuring our patients receive the best care possible.

*Some of the benefits of the latest EVIS X1 technology are:

- The New White Light - Better Visibility of potential lesions to contribute to higher detection rates.
- ENDO AID CAde - Computer aided detection that uses AI to suggest the potential presence of lesions which helps with detection rate, when a lesion appears on the screen the system can alert the endoscopist.
- Narrow Band Imaging - The power of accurate diagnosis. NBI is a powerful and proven optical technology that allows for a reliable optical diagnosis of all major indications in the gastrointestinal tract.
- Red Dichromatic Imaging (RDI) is designed to enhance the visibility of deep blood vessels and bleeding sources. Easier identification of bleeding spots makes haemostasis quicker and easier.
- Extended depth of field - Sharp endoscopic images support accurate results in detection, diagnosis and treatment. EDOF allows precise observations through continuous broad focus and seamless magnification. At the same time, the established Dual Focus function provides high magnification. Contributing to easier identification and a more confident abnormality diagnosis.



Cobalt Hospital's Wellbeing Strategy (2023 - 2026)

To develop a sense of organisation, team, and individual health, contentment and resilience, in which employees are supported to make informed choices and engage in positive wellbeing behaviours

Our Wellbeing Vision

To empower all staff at Cobalt Hospital to enable the right environment and behaviours so that individual and organisational wellbeing is embedded in everything we do. Creating a healthy, content, resilient and productive workforce who are able to work to the best of their ability.

Julie Davidge, our Head of Clinical Services, said:

"We are delighted to be taking part in the awards, it has benefited every department in our hospital, boosted morale, enhanced our collaborative working and introduced healthy competition. Progressing through the awards to gold has allowed us to create a well-being strategy for our hospital focused on creating healthier people in our organisation."

Our Health advocates are vital to the award process, they are passionate about health and well-being for the benefit of all. A huge well done to them all for their hard work, drive and commitment.

With our People Caring For People motto we feel our values are aligned to those of the BHAWA.

New Consultants



We are delighted to welcome Mr. Haitham Khashaba to our team of professionals.

Mr Khashaba is a substantive Consultant Plastic and Reconstructive surgeon in the NHS with a full licence to practise on the General Medical Council (GMC) specialist registry for Plastic Surgery. He specialises in Breast Reconstruction, Microsurgery, Breast Surgery, Skin Cancer Surgery, Perineal and Trunk reconstruction.

Mr Khashaba offers a range of Aesthetic and cosmetic surgeries, including breast augmentation, breast reduction, breast uplift, liposuction, body contouring, tummy tuck, arm and thigh lifts and other numerous cosmetic procedures in the north-east of England, serving Newcastle, Durham, Sunderland, Darlington, and also in Manchester.

In his spare time, Mr Khashaba is a swimming official, enjoys running and participates in humanitarian missions across the globe.

Mr Khashaba treats NHS, self-pay and insured patients.



We are delighted to welcome Mr Graham Dall to our team of experts at Cobalt Hospital.

Mr Dall specialises in Foot and Ankle Surgery. Mr Dall has been an NHS Consultant Surgeon for more than 10 years. After retiring as a professional rugby player, he had excellent specialist training in Foot and Ankle surgery including a Fellowship in Baltimore, USA. He is also a member of the British Foot and Ankle Society.

Mr Dall has clinics every other Thursday and treats self-pay, private and NHS patients.

