



Orthopaedic Referral Guide

2024



**Cobalt
Hospital**

Part of Ramsay Health Care



Clinic Listings (NHS and Private)

	Name	Speciality	Private	NHS
Upper limb	Mr Christopher Coapes	Hand & Wrist		•
	Ms Sarah Kettle-Klenka	Hand & Wrist		•
	Mr Thomas Dehler	Shoulder & Elbow		•
Lower limb	Mr Andrew Gray	Knee	•	•
Foot & Ankle	Mr Dionysios Trigkilidas	Foot & Ankle	•	•
	Mr Rajesh Kakwani	Foot & Ankle	•	•
	Mr Graham Dall	Foot & Ankle	•	•
	Mr Simon Fay	Foot & Toe	•	



NHS e-RS Services

Upper Limb

Hand & Wrist NHS Clinic - Cobalt Hospital - NVC

Carpal Tunnel NHS Clinic - Cobalt Hospital - NVC

Trigger Finger NHS Clinic - Cobalt Hospital - NVC

Elbow NHS Clinic - Cobalt Hospital - NVC

Shoulder & Elbow NHS Clinic - Cobalt Hospital - NVC

Shoulder NHS Clinic - Cobalt Hospital - NVC

Lower Limb

Bunion NHS Clinic - Cobalt Hospital - NVC

Forefoot NHS Clinic - Cobalt Hospital - NVC

Knee Arthroscopy NHS Clinic - Cobalt Hospital - NVC

Soft Tissue Knee NHS Clinic - Cobalt Hospital - NVC

General

General Orthopaedics NHS Triage - Cobalt Hospital - NVC

We will treat all patients in a safe and appropriate environment depending upon age and any existing medical conditions.

Exclusions:

- Patients under the age of 18 years old
- A patient with incapacitating disease that is a constant threat to life
- A patient who is grossly obese with a BMI greater than 40

Other Information

- Our services are delivered at the National NHS tariff with no additional costs to patients or ICB's.
- Free hospital parking
- Care from one Consultant throughout from first appointment to discharge
- Clean, comfortable and quiet surroundings
- Short waiting times

Contact Information

e-RS Lead: amy.marshall@ramsayhealth.co.uk | **0191 270 3259**

NHS Referral Email: cobaltoutpatient@ramsayhealth.co.uk

If you would like more copies or further information please contact Danielle Lowdon:
danielle.lowdon@ramsayhealth.co.uk



Referring Private Patients to **Cobalt Hospital**

The Ramsay Health Care online portal has been designed to enable you to refer private patients easily, quickly and securely to their Ramsay hospital of choice.

To make a private referral, visit ramsayhealth.co.uk/patientreferral and complete the short form.

Cobalt Hospital is able to receive self-funding, medically insured and NHS referrals. To refer an NHS patient, please use the e-Referral Service (e-RS).

Should you have any queries, please contact your dedicated Business Relations Manager or Private Patient Manager who will be happy to help:

Danielle Lowdon, Business Relations Manager - 07341 491 548 danielle.lowdon@ramsayhealth.co.uk

Vikki Harding, Private Patient Manager - 01912 703 253 - victoria.harding@ramsayhealth.co.uk

Lavina Patterson, Private Patient Co-ordinator - 01912 703 273 - lavina.patterson@ramsayhealth.co.uk



Simply send a referral letter via our secure online system.



In the meantime your patient can contact their local Ramsay Hospital directly to arrange a convenient appointment.



If your patient does not contact us, we will contact them to arrange an appointment using the details provided on the referral.

Referring NHS patients to **Cobalt Hospital**

To refer an NHS patient please use the e-RS system.

If you are part of the MSK team we are able to accept referrals through e-RS or direct into this dedicated email inbox: cobaltoutpatient@ramsayhealth.co.uk

Should you have any queries please contact:

NHS Referral Team - 01912 703 250 or 01912 703 253



**we
care.**

...when you need it most.

**Feel supported,
on your road to better health.**

See why we care cobalthospital.co.uk

Public Information



**Cobalt
Hospital**

Part of Ramsay Health Care

Notes

A series of horizontal dotted lines for writing notes, consisting of 25 lines spaced evenly down the page.

Notes

A series of horizontal dotted lines for taking notes.

How to find us

Cobalt Hospital, Cobalt Business Park, Silverlink North, North Tyneside NE27 0BY

If using a sat nav, our postcode is NE27 0BY. If using Google Maps, simply type in 'Cobalt Hospital'. *Please note if using a sat nav the postcode will take you to the other end of Silverlink North - we are located between the Village Hotel and the roundabout near entrance to the Cobalt Business Park.*

Tel: 0191 270 3250

By Metro, Northumberland Park Station

From here take the Go North East 19 bus service to Cobalt Business Park.

By Bus

Go North East X39 (Cobalt Express from Newcastle, Haymarket - peak times only). Arriva X9 (Cobalt Express from Newcastle, Haymarket - peak times only). Go North East 58X (Express service from Gateshead via Newcastle, Pilgrim Street - peak times only). Go North East 309. Go North East 310. Go North East 80. Go North East 19. Arriva 53 (peak times only). Arriva/Nexus 335.

By Road

Heading South on A19: Take the Whitley Bay A191 exit and at the roundabout take the second exit marked A191. Turn right at the next roundabout for A191 and at the next roundabout turn right and take the Silverlink/Cobalt Office Park exit. The entrance drive to Cobalt Hospital is approximately 100m on the right (before the Village Hotel).

Heading North on A19: Take the Whitley Bay A191 exit and at the roundabout take the fifth exit marked A191. Turn right at the next roundabout for A191 and at the next roundabout turn right and take the Silverlink/Cobalt Office Park exit. The entrance drive to Cobalt Hospital is approximately 100m on the right (before the Village Hotel).

cobalthospital.co.uk

