

How do I book?

The clinic is available to anyone with breast symptoms. If you are paying for yourself, just call the number below to make an appointment. If you are using your private medical insurance, please call your insurance company to get an authorisation number. Then call our appointments line who will make an appointment for you.

01206 753 295



How to find us

120 Mile End Road, Colchester, Essex CO4 5XR

Tel: 01206 752 121

By Road

From A12 - Join A133 Colne Bank/ Cowdray Avenue. Proceed in the direction of Colchester North Station, at the station roundabout, take the 3rd exit (Mile End Road) and continue until you reach Oaks Hospital on the right.

From west (London) - Leave A12 at Junction 28, at the roundabout take the third exit straight over the next 2 roundabouts onto Via Urbis Romanae which joins A134. The hospital is signposted to turn right onto Mill Road. At the end of Mill Road turn left onto Mile End Road until you reach Oaks Hospital on the left.

From east (Ipswich) - Junction 28 take 1st exit then straight over the next two roundabouts onto Via Urbis Romanae which joins A134. The hospital is signposted to turn right onto Mill Road. At the end of Mill Road turn left onto Mile End Road until you reach Oaks Hospital on the left.

By Public Transport

Nearest train station is Colchester North Station. This is approximately 5-10 minutes walk from the hospital.



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We are proud to support
**Breast Cancer
Awareness Month**

**Rapid Diagnosis
Breast Clinic**



**Oaks
Hospital**

Part of Ramsay Health Care

Fast Appointments

The One Stop Rapid Diagnostic Clinic is available to anyone with breast symptoms. If you are paying for yourself, call our appointment line on 01206 753 295.

If you are using your private medical insurance please call your insurance provider to authorise your claim then call the appointment line.

On the Spot Tests

During your appointment a Consultant will examine you and where needed refer you for a mammogram and/or ultra-sound. A nurse will support you throughout your examination.

If necessary a fine needle test will be carried out to exclude any abnormalities within a lump that has been discovered.

Please be aware of the likelihood of some waiting time during your appointment to allow all tests to be performed.

Quality Care

A dedicated team of specialists is on standby in the clinic to care for your specific needs when you are worried about breast problems.

The professional team includes:

- A Consultant Breast Surgeon
- Mammography Specialist Radiographer (to take mammogram pictures)
- A Consultant Breast Radiologist (to read the result of mammogram, ultrasound scans and undertake biopsies)
- Breast Care Nurse (to offer information, support and counselling)

Rapid Results

In most cases the result will be available on the day, but occasionally further tests are needed to give a conclusive result. Support is provided by a Breast Care Specialist Nurse who offers emotional support and if necessary can guide you through the treatment options as well as providing ongoing care for patients who may require surgery.

Breast Care Advice

Breast changes to seek advice about:

It is important that you see your GP if you notice anything about your breasts has changed from what is normal for you, especially if it's only in one breast.

Breast changes to look out for include:

- A change in the size, shape or feel of your breast
- Dimpling, puckering or redness of the skin
- Redness, a rash or crusting on your nipple or surrounding area
- A change in your nipple, such as in its shape or if it turns inwards to your breast (becomes inverted)
- A discharge from your nipple (unless you're breast feeding)
- Bleeding from your nipple area
- Pain in part of your breast or armpit
- Swelling, thickening or a lump in your breast or arm pit

These symptoms don't necessarily mean that you have breast cancer but if you have any of them, see your GP.

Insured Patients

Please contact your insurance provider and ask for a referral to our accredited breast clinic.

Self-funding patients

If you are self-funding you can self refer to us without needing a referral from your GP.

For 70%-80% of women this will be all you need to assess your breast abnormality and give you peace of mind that there is nothing to worry about.

Procedure	Price
One Stop Single Scan Package. Includes initial consultation with a Consultant Breast Specialist and one mammogram or ultra-sound.	£500
One Stop Multiple Scan Package. Includes initial consultation with Consultant Breast Specialist, a mammogram, and ultra-sound or multiple ultra-sounds.	£750
Further Tests The total cost of the full examination will vary depending on the tests required to obtain a definitive result. 20%-30% of women will also require the below needle tests.	Varied
Fine Needle Aspiration Includes ultra-sound, cytology/lab. Testing and Radiologist procedure fee.	£790
Core Biopsy of Breast Includes ultra-sound needed for the biopsy, histology, and the radiologist procedure fee.	£1,200

