



Directory of Services and Consultants

**Glendon Wood Hospital &
Woodland Hospital**

2024



Ramsay
Health Care

About **Glendon Wood Hospital & Woodland Hospital**

Glendon Wood is just 3 miles away from Woodland Hospital. Glendon Wood is our daycase facility where as Woodland Hospital is our inpatient Hospital where we treat our more complex surgical procedures. Across both sites we offer a wide variety of services and diagnostics. Our team of consultants and staff work cross sites collaboratively to provide excellent clinical care and outcomes for our patients. At Glendon Wood and Woodland Hospital we offer fast access to the highest standards of care, so people know they can trust us to help them get better quickly. We offer consultant led care from some of the most well-qualified and experienced specialists in their field of expertise.

Glendon Wood Hospital **Areas of Expertise**



Cataract Surgery



Diagnostics



Ear, Nose & Throat Conditions (Outpatient)



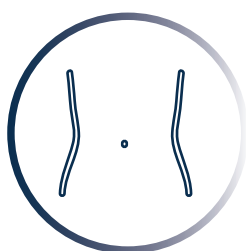
Endoscopy



Foot & Ankle Surgery



Gastroenterology



General Surgery (Day Case)



Hand & Wrist Surgery



Oculoplastic Surgery



Orthopaedics & Spinal (Day Case)



Pain Management



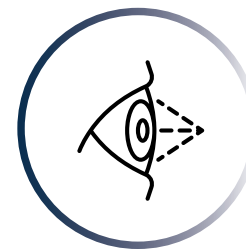
Physiotherapy



Podiatry



Urology (Daycase)



YAG Laser

About Glendon Wood Hospital:

- 2 Laminar Flow Theatres
- Ophthalmic Centre
- Endoscopy Suite
- Outpatient Department Equipped with 8 Consulting Rooms
- 1 Large Treatment Room
- Radiology Department - Static MRI, CT, Ultrasound, X-Ray and Mammography Scanning Facilities
- Physiotherapy Suite including 3 Bays and 3 Rooms
- Free Car Parking with EV charging



Glendon Wood Hospital Opening Hours: 8am to 8pm

Glendon Wood Hospital Reception: 01536 540 106

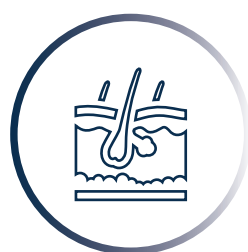
Woodland Hospital **Areas of Expertise**



Cardiology



Cosmetic Surgery



Dermatology



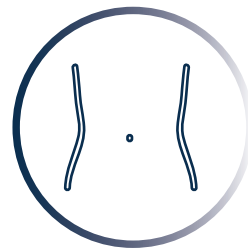
Diagnostics



Foot & Ankle Surgery



General Medical Conditions



General Surgery



Gynaecology



Neurology



Oral / Maxillofacial



Orthopaedics



Rheumatology



Spinal Surgery



Urology



Vascular



Weight Loss Surgery

About Woodland Hospital:

- Day Case Unit
- 4 Laminar Flow Theatres
- Outpatient Department Equipped with 8 Consulting Rooms and 3 Treatment Rooms
- 28 Inpatient Rooms with Ensuite
- Radiology Department - Static MRI, Ultrasound and X-Ray
- Free Car Parking with EV charging

Woodland Hospital Opening Hours: 8am to 8pm



CQC rated Woodland Hospital - **GOOD**

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Audiology				
Mr B Eccles	Audiology Assessments	Woodland Hospital	•	
Cardiology				
Ms A Anslow	Echocardiographer	Woodland Hospital	•	
Dr M Farooq	General cardiology, device therapy for all forms of cardiac arrhythmia, treatment of heart failure.	Woodland Hospital	•	
Dr S Hetherington	General cardiology, hypertension, coronary heart disease including stable angina and acute coronary syndromes, coronary interventions via trans radial vascular access, echocardiography, palpitations, and heart failure	Woodland Hospital	•	
Dr K Hogrefe	General cardiology, assessments and management, chest discomfort pain, breathlessness, palpitations, irregular heartbeats, dizziness, blackouts syncope, high blood pressure, elevated cholesterol	Woodland Hospital	•	
Dr S Nishtar	General cardiology, heart rhythm disturbances, atrial fibrillation, coronary artery disease, percutaneous coronary interventions, valvular heart disease, cardiac failure, cardiac imaging including transoesophageal echocardiography, hypertension, hyperlipidaemia	Woodland Hospital	•	
Dr P Raju	Angina, coronary and ischemic heart disease, heart attacks, palpitations, syncope, high cholesterol, dizzy spells, arrhythmias, blackouts, chest pain, irregular heartbeat, high blood pressure, atrial fibrillation, breathlessness, leg swelling, oedema, heart failure and diseases of heart valves	Woodland Hospital	•	
Clinical Neurophysiology				
Dr S Alagoda	Peripheral nerve entrapments - CTS, ulnar, peroneal neuropathies traumatic nerve/plexus lesions peripheral neuropathy myopathies/neuromuscular junction disorders (myasthenia) MND, nerve conduction studies, EMG	Woodland Hospital	•	•
Dr P Choudhary	Peripheral nerve entrapments - CTS, ulnar, peroneal neuropathies traumatic nerve/plexus lesions peripheral neuropathy myopathies/neuromuscular junction disorders (myasthenia) MND, nerve conduction studies, EMG	Woodland Hospital	•	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Colorectal Surgery				
Mr T Doulias	Colorectal cancer diagnosis, surgical management of inflammatory bowel disease, early rectal cancer, endometriosis, laparoscopic hernia repair, proctology (haemorrhoidectomy, perianal fistulas, anal fissures, pilonidal sinus repair) diagnostic and therapeutic endoscopy	Woodland Hospital	•	•
Mr H Ebdewi	Colorectal surgery	Woodland Hospital	•	•
Mr S El Rabaa	Colorectal surgery	Woodland Hospital	•	•
Mr A Kelkar	Colorectal surgery, benign and malignant colorectal surgery, pelvic floor surgery, general surgery, hernia laparoscopic and open cholecystectomies	Woodland Hospital	•	•
Mr M Rashed	Colorectal surgery	Woodland Hospital	•	•
Dermatology				
Dr C Bordea	Eczema, skin allergy, skin surgery for benign, malignant, and cosmetic lesions	Woodland Hospital	•	
Dr A Rasool	Longterm skin conditions including acne, psoriasis, eczema, rosacea, alopecia, vitiligo, urticaria and other forms of skin inflammatory conditions. Skin cancers and skin cancer surgery. Benign skin lumps and bumps - diagnosis and surgical removal.	Woodland Hospital	•	
Dr O Stevenson	Eczema, skin allergy, skin surgery for benign, malignant, and cosmetic lesions	Woodland Hospital	•	
Dietician				
Ms J Bazely	Dietician	Glendon Wood Hospital	•	
ENT				
Mr A Masood	General ENT, snoring/sleep disorders, voice disorders, allergy/nasal/sinus problems, throat/swallowing problems, neck lumps diagnostics	Glendon Wood Hospital	•	
Mr A Qayyum	General ENT, snoring/sleep disorders, voice disorders, allergy/nasal/sinus problems, throat/swallowing problems, neck lumps diagnostics, laparoscopic ear surgery, endoscopic ear surgery	Glendon Wood Hospital	•	
Miss W Smith	General ENT, otology, dizziness/balance, sinus, nasal surgery	Glendon Wood Hospital	•	
Mr D Voliotidis	General ENT, otology, sinus/nasal surgery, sleep disorder, throat/swallowing problems, neck lump diagnostics	Glendon Wood Hospital	•	

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Gastroenterology				
Prof. D Bowrey	Direct access gastroscopy	Glendon Wood Hospital		•
Prof. A Chilton	General gastroenterology, colonoscopy (diagnostic and therapeutic), hepatology, colorectal (bowel) cancer, bowel disease including inflammatory (IBD), endoscopic procedures, accredited bowel cancer screener, national faculty endoscopy trainer, family risk of bowel cancer	Glendon Wood Hospital	•	
Dr A Dixon	Luminal gastroenterology incorporating oesophageal, gastric, small bowel and colonic disorders. Specialist interests include inflammatory bowel disease (IBD), dyspepsia, anaemia, nutrition and advanced endoscopy.	Glendon Wood Hospital	•	•
Dr A Hussain	General gastroenterology	Glendon Wood Hospital	•	•
Dr S Kadri	General gastroenterology	Glendon Wood Hospital	•	•
Dr M Kasimanickam	General gastroenterology	Glendon Wood Hospital	•	•
Dr A Sajjad	General gastroenterology	Glendon Wood Hospital	•	
Dr A Verma	General gastroenterology, inflammatory bowel disease (IBD), irritable bowel syndrome (IBS) and functional gastroenterology disorders, coeliac disease, bowel cancer, accredited bowel cancer screening colonoscopist, endoscopy (diagnostic & therapeutic), hepatobiliary medicine	Glendon Wood Hospital	•	
General Medicine				
Dr K Ayes	General medicine, geriatric strokes, TIA assessment and screening for cardiovascular risk	Woodland Hospital	•	
Dr A Hussain	General medicine	Woodland Hospital	•	
Dr P Shah	General medical issues such as weight loss, poor mobility, general deterioration in health, deconditioning, pain management, multifactorial assessment, and formulating action plan for falls prevention. Prevention of fragility fracture/management of osteoporosis, investigations and management of syncope, polypharmacy review with a view to reduce the burden of multiple medications	Woodland Hospital	•	

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
General Surgery				
Mr S Al-Hamali	General surgery (hernias and gallbladder surgery), endocrine surgery including veins	Woodland Hospital	•	•
Mr V Bahal	General surgery, hernias, gallbladder, endovascular treatment for varicose veins, lumps	Woodland Hospital	•	•
Mr N Bhardwaj	General surgery, hepatobiliary, pancreatic surgery, keyhole gallbladder removal, keyhole and open hernia surgery, keyhole and open liver and pancreas surgery, abdominal pain investigations	Woodland Hospital	•	•
Mr A Brar	Laparoscopic surgery, surgical dermatology, varicose veins, carotid endarterectomy, gall bladder, hernia	Woodland Hospital	•	•
Mr T Doulias	Colorectal cancer, surgical management of inflammatory bowel disease (ibd), early rectal cancer, endometriosis, laparoscopic hernia repair, proctology (haemorrhoidectomy, perianal fistulas, anal fissures, pilonidal sinus repair) diagnostic and therapeutic endoscopy	Woodland Hospital	•	•
Mr S El-Rabaa	General surgery (hernias and gallbladder surgery)	Woodland Hospital	•	•
Mr A Kelkar	General surgery, benign and malignant colorectal surgery, pelvic floor surgery, hernia laparoscopic and open cholecystectomies	Woodland Hospital	•	•
Mr D Malde	Gallstone and gallbladder surgery, hepatobiliary surgery, upper GI surgery. Specialist Gallbladder surgeon	Woodland Hospital	•	•
Ms A Raicu	General surgery, open surgery haemorrhoidectomy, pilonidal sinus surgery, fistula-in-ano small general surgical interventions (lipomas, sebaceous cysts), hernias-inguinal, femoral, paraumbilical, umbilical, epigastric, incisional	Glendon Wood Hospital	•	•
	Laparoscopic day case surgery - cholecystectomy, hernias - inguinal, femoral, paraumbilical, umbilical, epigastric, incisional) small general surgical interventions (lipomas, sebaceous cysts), hernias-inguinal, femoral, paraumbilical, umbilical, epigastric, incisional, haemorrhoidectomy, pilonidal sinus surgery, fistula-in-ano	Woodland Hospital	•	•
Mr M Rashed	General surgery, colorectal surgery, lower gastrointestinal endoscopy, laparoscopic surgery	Woodland Hospital	•	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Mr C Sutton	General surgery, hernia repair surgery, laparoscopic surgery, endoscopy, gastrointestinal surgery, minimal access surgery	Woodland Hospital	•	
Mr M Taylor	Benign upper GI surgery - including surgery for GORD, hiatus hernia repair, gallstone disease - laparoscopic cholecystectomy, abdominal wall hernia surgery	Woodland Hospital	•	•
Gynaecology				
Mr C Aldrich	Urogynaecology, menstrual disorders, menopause, pelvic pain, fibroids, colposcopy, ultrasound	Woodland Hospital	•	•
Ms S Biswas	General gynaecology, minimal access surgery, including hysterectomy, hysteroscopy, colposcopy, minor outpatient operations, contraception, HRT, pelvic pain, menstrual disorders, endometrial ablation, sterilisation (PP only), endometriosis, fibroid, myomectomy, ovarian cysts, PCOS, preconception counselling, vulval problems	Woodland Hospital	•	•
Mrs A Nishtar	Menstrual disorders, infertility endometriosis, pelvis pain, fibroids polycystic ovaries, menopause problems, recurrent vaginal infections, diagnostic and operative procedures like hysteroscopy, laparoscopy minor outpatient procedures endometrial ablations, sterilisation (PP only), laparoscopic/open procedures for treatment of endometriosis fibroids and ovarian cysts, abdominal and vaginal hysterectomy, pelvic floor repairs, treatment and management of vaginal and pelvic infections	Woodland Hospital	•	•
Mrs P Patil	Menstrual irregularities, pelvic pain, adenomyosis, endometriosis, fibroids, PCOS, ovarian cysts, gynaecology ultrasound, minor and major gynaecology surgeries with special interest in minimal access (key hole) surgeries, hysteroscopies, laparoscopies, laparoscopic and open hysterectomies and laparotomies	Woodland Hospital	•	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Miss A Shukla	Gynaecology, urogynaecology, women's health, pelvic ultrasound, menopause, menstrual problems, sexual dysfunction, bladder function: recurrent cystitis, overactive or urgent bladder, urge incontinence, stress incontinence, voiding difficulty, painful bladder symptoms, bed wetting, coital incontinence, lax vagina or prolapse (vaginal bulge or lump), incontinence or other bladder problems, painful perineum or wound healing issues, sexual difficulties, cosmetic vaginal issues after childbirth (PP only)	Woodland Hospital	•	•
Mr K Sieunarine	Menstrual dysfunction, pelvic pain, ambulatory gynaecology, rapid access gynaecology, cancer diagnosis, minimal access surgery (MAS), colposcopy, menopause, minimal access, and complex benign gynaecological surgeries	Woodland Hospital	•	•
Immunology				
Dr R Baretto	Immunology, allergy: food, aeroallergens, latex, bee and wasp venom, chronic urticaria and angioedema, hereditary angioedema, primary immune deficiency	Woodland Hospital	•	
Neurology				
Dr M Dashti	Movement disorders, Parkinson's disease, headaches, epilepsy - blackout memory	Woodland Hospital	•	
Ms A Ptak-Kowalczyk	Headaches, botox injections for migraines, multiple sclerosis, general neurology, Parkinson's disease, epilepsy, and neuropathy	Woodland Hospital	•	
Ophthalmology				
Mr A Alwitry	Cataract surgery and lens exchange; correction of refractive errors; correction of presbyopia/need for reading spectacles; glaucoma management; medical retina conditions including age related macular degeneration (AMD); correction of astigmatism; laser treatments for posterior capsule opacification and glaucoma	Glendon Wood Hospital	•	
Mr P Baranyovits	Cataract surgery, YAG laser	Glendon Wood Hospital	•	•
	Botox for facial spasms and migraines, general ophthalmology, glaucoma	Glendon Wood Hospital	•	
Mr K El-Ghazali	Cataract surgery, YAG laser	Glendon Wood Hospital	•	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Mr T McMullan	Cataract surgery, YAG laser	Glendon Wood Hospital	•	
	Eyelid related problems, eyelid cysts, eyelid tumours requiring excision and reconstruction, in-turned eyelid (entropion), out-turned eyelid (ectropion), droopy eyelid (ptosis), cosmetic requirements upper and lower blephroplasty, peels and azzalure, general ophthalmology, glaucoma	Glendon Wood Hospital	•	
Miss V Menon	Cataract surgery, YAG laser	Glendon Wood Hospital	•	•
	Oculoplastic surgery - eyelid related problems, eyelid cysts, eyelid tumours requiring excision and reconstruction, in-turned eyelid (entropion), out-turned eyelid (ectropion), droopy eyelid (ptosis), upper and lower blepharoplasty, watery eyes	Glendon Wood Hospital	•	
Mr J Panthagani	Cataract surgery, YAG laser	Glendon Wood Hospital	•	•
	Refractive surgery, general ophthalmology, glaucoma	Glendon Wood Hospital	•	
Mr V Sampat	Cataract surgery, YAG laser	Glendon Wood Hospital	•	•
	Minor lid procedures, blepharoplasty	Glendon Wood Hospital	•	
Mr G Settas	Cataract surgery, YAG laser	Glendon Wood Hospital	•	•
	Corneal laser refractive surgery, lens refractive surgery, general ophthalmology, glaucoma, minor eyelid procedures	Glendon Wood Hospital	•	
Mr P Tonne	Cataract surgery, YAG laser	Glendon Wood Hospital	•	•
	General ophthalmology, glaucoma	Glendon Wood Hospital	•	
Oral & Maxillofacial				
Mr C Harrop	Head and neck cancer, surgical treatment of skin cancer of the head and neck salivary gland disease. Minor oral surgery (e.g., wisdom tooth extraction), management of facial pain and disorders of oral mucosa	Woodland Hospital	•	
Mr R Salha	Head and neck cancer surgery, reconstructive surgery, skin cancer surgery, facial plastic surgery, salivary gland surgery, facial trauma	Woodland Hospital	•	

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Orthopaedics Upper Limb				
Mr A Jepson	Upper limb surgery - shoulder, elbow, wrist, hand, and fingers, arthroscopic (keyhole) rotator cuff repairs, capsular release for frozen shoulder, shoulder replacements, tennis and golfer's elbow, carpal tunnel and ulna nerve releases, thumb, and finger joint replacements, and dupuytren's contracture surgery sports injuries	Woodland Hospital	•	
Mr V Palial	Diagnosis and treatment of disorders affecting the hand and wrist, arthritis, osteoarthritis, rheumatoid arthritis, dupuytren's disease including revision surgery, nerve compressions, carpal tunnel syndrome, tendinopathies including trigger finger, lumps and bumps including ganglion surgery. Specialist hand surgeon	Glendon Wood Hospital	•	•
Mr B Shah	Joint replacement injuries, hand and wrist fractures, diagnosis and treatment of disorders affecting hand and wrist, arthritis, osteoarthritis, rheumatoid arthritis, dupuytren's disease including revision surgery, nerve compressions, carpal tunnel syndrome, tendinopathies including trigger finger, lumps and bumps including ganglion surgery.	Woodland Hospital	•	•
Mr D Shukla	Shoulder surgery, shoulder decompression, shoulder pain, frozen shoulder, shoulder stabilisation, shoulder resurfacing, shoulder replacement	Woodland Hospital	•	•
Mr S Shyamsundar	Osteoarthritis, rheumatoid arthritis, dupuytren's disease including revision surgery, nerve compressions, carpal tunnel syndrome, tendinopathies including trigger finger, lumps and bumps including ganglion surgery	Woodland Hospital	•	•
Mr S Srinivasan	Shoulder, elbow, hand and wrist, hand surgical procedures	Woodland Hospital	•	•
Orthopaedics Lower Limb				
Mr J Blanco	Hip replacement, hip arthroscopy, knee replacement, knee arthroscopy, revision hip and knee surgery	Woodland Hospital	•	
Mr H Khairandish	General orthopaedics and trauma, secondary fracture/malunion, hip and knee replacement, arthroscopic knee and ACL reconstruction, sports injury, lower limb primary arthroplasty, secondary trauma surgery	Woodland Hospital	•	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Mr A Massraf	Hip replacement, hip arthroscopy, knee replacement, knee arthroscopy, revision hip and knee surgery	Woodland Hospital	•	•
Mr D Menon	Hip and knee replacements, hip and knee revision, hip resurfacing	Woodland Hospital	•	•
Mr C Plakogiannis	Hip replacement, hip surgery, knee replacement, knee surgery, ACL repair, ROSA® robotic assisted surgery (PP only)	Woodland Hospital	•	•
Mr B Shah	Hip and knee athroplasty, resurfacing hip, revision joint replacement of hip and knee, arthroscopy knee, hip and knee injury	Woodland Hospital	•	•
Mr N Sheikh	Hip and knee replacements, revision hip and knee replacements, arthroscopic (key hole) knee surgery, peripheral nerve decompression, such as morton's neuroma, joint and soft tissue injections (excluding the spine), ROSA® robotic assisted surgery (PP only)	Woodland Hospital	•	•
Mr D Shukla	Knee arthroscopy, knee pain, hip replacement surgery, knee replacement surgery, knee surgery, general orthopaedics, ROSA® robotic assisted surgery (PP only)	Woodland Hospital	•	•
Mr S Shyamsundar	Knee arthroscopy, knee pain, hip replacement surgery, knee replacement surgery, knee surgery, general orthopaedics, ROSA® robotic assisted surgery (PP only)	Woodland Hospital	•	•
Mr S Srinivasan	Total hip and knee replacements, arthroscopic (keyhole) surgery of knee	Woodland Hospital	•	•
Orthopaedics Foot & Ankle				
Mr S Kirmani	All pathologies involving foot and ankle. Specialist in foot and ankle	Woodland Hospital	•	•
Mr H Khairandish	Bunion and toe corrective surgery	Woodland Hospital	•	•
Mr D Menon	Foot and ankle surgery, ankle replacement	Woodland Hospital	•	•
Mr D Shukla	Foot & ankle surgery	Woodland Hospital	•	•
Mr S Shyamsundar	Morton's neuroma and planter heel pain, verrucae curettage and needling, nail surgery, hammer toe, forefoot and bunion surgery	Woodland Hospital	•	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private NHS
Pain Management			
Dr D Malik	Low back pain, mechanical back pain, neck pain, cervicgia, shoulder pain, osteoarthritis pain, hip pain, knee pain, complex regional pain syndrome, chronic pelvic pain, coccyx pain, post hernia surgery pain, fibromyalgia, cervical spondylolysis, spondylolisthesis, sports injury, rotator cuff tears, neuropathic pain, cervicogenic headaches, tension headaches, occipital neuralgia myofascial trigger points lumbar spine disorders, spinal stenosis, abdominal pain (trapped nerves), IBS groin pain, hernia pain, post surgical pain, scar pain, myofascial pain, injections offered include: facet joint injection, medial branch block injection, sacroiliac joint injection, piriformis injection, caudal epidural, trigger point injection, dorsal root nerve block, thermal and pulsed radiofrequency	Glendon Wood Hospital	•
Dr N Roberts	Pain management, chronic back pain, neuropathic pain, works alongside spinal surgeons and physiotherapists	Glendon Wood Hospital	•
Plastic & Cosmetic			
Mr G Offer	Cosmetic breast surgery - reduction, augmentation, uplift, reconstruction, male breast surgery and transgender breast surgery, body contouring, body lift, liposculpture, nose reshaping, hump, tip corrections, ear reshaping, reduction, earlobe repair, reconstruction, hand soft tissue reconstruction, nerve surgery, microsurgery, skin cancer removal & reconstruction, moles, lumps and skin tag removal, scar revision, scar laser treatment - blemishes, birthmarks, acne scars, non-surgical cosmetic treatments, face lift, abdominoplasty, eyebag removal, brow lift	Woodland Hospital	•
Mr T Sankar	Cosmetic breast surgery - reduction, augmentation, uplift, reconstruction, male breast surgery and transgender breast surgery, body contouring, body lift, liposculpture, nose reshaping, hump, tip corrections, ear reshaping, reduction, earlobe repair, reconstruction, hand soft tissue reconstruction, nerve surgery, microsurgery, skin cancer removal & reconstruction, moles, lumps and skin tag removal, scar revision, scar laser treatment - blemishes, birthmarks, acne scars, non-surgical cosmetic treatments, face lift, abdominoplasty, eye bag removal, brow lift	Woodland Hospital	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Mr N Vaingankar	Cosmetic breast surgery - reduction, augmentation, uplift, reconstruction, male breast surgery and trans-gender breast surgery, body contouring, body lift, liposculpture, nose reshaping, hump, tip corrections, ear reshaping, reduction, earlobe repair, reconstruction, hand soft tissue reconstruction, nerve surgery, microsurgery, skin cancer removal & reconstruction, moles, lumps and skin tag removal, scar revision, scar laser treatment - blemishes, birthmarks, acne scars, non-surgical cosmetic treatments, face lift, abdominoplasty, eyebag removal, brow lift	Woodland Hospital	•	
Podiatric Surgery				
Mr I Reilly	General podiatric surgery, cortisone injection therapy for Morton's neuroma and plantar heel pain, verrucae curettage and needling, nail surgery - phenol and incisional, soft tissue and ganglion excisions, hammer toe, forefoot and bunion surgery, flatfoot and rearfoot surgery	Glendon Wood Hospital	•	•
Mr G Flanagan	Foot surgery, heel pain, bunion (hallux valgus), great toe osteoarthritis (hallux rigidus), toe deformities, Morton's neuroma	Glendon Wood Hospital	•	•
Rheumatology				
Dr N Joshi	Inflammatory arthritis, osteoarthritis, connective tissue disease, vasculitis, gout, fibromyalgia, hypermobility, osteoporosis, back pain, neck pain, osteoporosis and polymyalgia rheumatica	Woodland Hospital	•	
Dr A Kuttikat	Inflammatory arthritis (early inflammatory arthritis, rheumatoid arthritis, psoriatic arthritis, gout, ankylosing spondylitis, axial spondyloarthritis), osteoarthritis, lupus (sle), sjogren's syndrome, vasculitis, osteoporosis, back pain, fibromyalgia, soft tissue rheumatism	Woodland Hospital	•	
Dr A Moorthy	Inflammatory arthritis, back pain, soft tissue rheumatism, connective tissue diseases, osteoporosis, pain management, gout	Woodland Hospital	•	
Spinal Surgery				
Mr A Amit	General spine surgery, low back and neck pain, surgical management	Woodland Hospital	•	•
Mr S Dhiran	Back, neck and arm pain, pain injections (nerve root blocks, epidurals, and facet joint injections). Spinal fusions, discectomy/decompression - cervical and fusion conical lumbar	Woodland Hospital	•	•

Clinic Listings (NHS and Private)

Consultant	Special Interest	Hospital	Private	NHS
Mr R Hussain	General spine surgery, low back and neck pain, surgical management	Woodland Hospital	•	•
Mr S Joshi	General spinal surgery, low back and neck pain and surgical management	Woodland Hospital	•	•
Mr H Khairandish	Minimally invasive pain management and injection treatments of the back and spine	Woodland Hospital	•	
Mr A Young	General spinal surgery, low back and neck pain and surgical management	Woodland Hospital	•	•
Urology				
Mr Z Al-Qassim	Prostate, urinary incontinence, reconstructive urology, andrology, infertility, bladder and kidney problems, vasectomy and reversal of vasectomy	Woodland Hospital	•	•
Mr M Al-Sudani	Surgery of prostate, urinary incontinence, reconstructive urology, andrology, infertility, bladder and kidney problems, vasectomy and reversal of vasectomy.	Woodland Hospital	•	
Mr R England	General urology	Woodland Hospital	•	
Mr S Khan	General urology, erectile dysfunction, incontinence, endourology	Woodland Hospital	•	•
Mr D Payne	Minimally invasive surgery: laparoscopy, endourology	Woodland Hospital	•	•
Vascular				
Mr S Al-Hamali	Varicose veins (ligation and stripping)	Woodland Hospital	•	
Mr V Bahal	Varicose veins (ligation and stripping)	Woodland Hospital	•	
Mr A Brar	Varicose veins (ligation and stripping)	Woodland Hospital	•	
Mr N Dattani	Varicose veins (including minimally invasive techniques) peripheral arterial disease (including pain on walking) thread veins (including sclerotherapy). Carotid artery disease (including stroke prevention surgery), abdominal aortic aneurysms, lower limb bypass, lower limb angioplasty, diabetic foot treatment. Specialist in vascular	Woodland Hospital	•	
Weight Loss Surgery				
Mr C Sutton	Weight loss surgery - primary and revision cases. Metabolic surgery. Anti-reflux surgery; fundoplication, the LINK® system, endostim and stretta	Woodland Hospital	•	

Referring Private Patients to **Glendon Wood Hospital & Woodland Hospital**

The Ramsay Health Care online portal has been designed to enable you to refer private patients easily, quickly and securely to Glendon Wood and Woodland Hospital. If your patients are self paying or have Private Medical Insurance through work or have taken out their own policy, Glendon Wood Hospital & Woodland Hospital are able to help.

To make a private referral, visit ramsayhealth.co.uk/patientreferral and complete the short form.

Should you have any queries, please contact your dedicated Business Relations Manager or Private Patient Services Team who will be happy to help:

Business Relations Manager

Rebecca.Dray@ramsayhealth.co.uk | Woodland.PrimaryCare@ramsayhealth.co.uk

Private Patient Services Team

01536 536 891 | PPS.Woodland@ramsayhealth.co.uk or rhc.pps@nhs.net



Simply send a referral letter via our secure online system or post.



In the meantime your patient can contact their local Ramsay Hospital directly to arrange a convenient appointment.



If the patient does not contact us we will contact them to arrange an appointment according to the details provided on the referral.



Self-pay Patients

Wherever possible, self-paying patients are offered a Total Care package price following initial consultation. This all-inclusive price includes all nursing and medical care, the hospital stay, consultants' fees and follow up consultations, giving patients the peace of mind of knowing that everything they need is covered.

Medical Insurance Company Policies

Rules regarding the accepted referral route for all conditions, including ophthalmic ones, are subject to change. It is therefore strongly recommended that, in line with Ramsay policy, all proposed treatment is pre-authorized in advance by both patients and the hospital. The respective insurer will then confirm if a separate GP referral is required or if an Optometrist referral is sufficient.

Aviva: Aviva will accept referrals to specialists from Opticians and Optometrists rather than requiring a GP referral. In these cases Aviva will often ask for sight of the referral letter from the Optometrist to ensure sight correction surgery using laser or lens exchange (which are standard policy exclusions) are not being recommended.

AXA PPP: AXA PPP will accept a direct referral from an Optometrist for cataract surgery. For all other ophthalmic conditions a GP referral is required.

Bupa: Bupa will accept a direct referral from an Optometrist for cataract surgery only. All other ophthalmic conditions continue to require a GP referral.

Cigna: Cigna will accept referrals from an Optometrist for acute conditions such as cataract surgery and chronic conditions such as glaucoma.

Vitality Health: Vitality Health allow referral direct from Opticians / Optometrists and should not require a separate GP referral.

WPA: Position partly depends upon the length of time the patient has been a member. For longer term members a direct referral from an Optometrist may be acceptable, but for others a GP referral will still be required. Pre-authorization on a case-by-case basis is therefore strongly recommended.



Private Patient **Service**

As Glendon Wood Hospital & Woodland Hospital are committed to the provision of a first-class, high-quality experience for all patients, we provide a Private Patient Services team.

Our Private Patient Management Services Team are available throughout consultation, treatment, and aftercare to offer a personalised service to each patient dependent on their needs and wishes. The Team are able to provide the vital link required between patients and their Consultant facilitating a streamlined treatment pathway.

What our Private Patient Service Team offers

Our team will:

- Be a point of contact for all private patients.
- Manage the private patient journey.
- Answer private patient queries within 48 hours Monday to Friday.
- Walk patients through the various stages of their private treatment and help with queries or concerns regarding referrals, insurance or anything else relating to their hospital stay.
- Ensure any special requirements are met before, during or after a patient's visit.

The Private Patient Services Team can be contacted directly as follows:

01536 536 891

PPS.Woodland@ramsayhealth.co.uk | rhc.pps@nhs.net



Private GP Service

30 Minute Appointments



Appointments*

Payment required at time of booking

Appointments to fit around your schedule



Private GPs

Choose from Male and Female GPs

Range of appointment times available



Patients

£130 per 30-minute appointment

Access to quick diagnostics (Blood tests, MRI, CT, Ultrasound and X-Ray)**

Rapid referral to our onsite consultants and physiotherapy

Please call the Private Patient Team on 01536 536 891.

*This service will not provide prescriptions for controlled drugs and Gabapentinoids.

**Appointments exclude diagnostics and blood tests, extra charges apply.



Diagnostic Services Available at **Glendon Wood Hospital & Woodland Hospital**

Our service is run by a friendly team of experienced, qualified radiographers. Images are reported by Specialist Consultant Radiologists and reports sent directly to GP or referring healthcare professionals, usually within 48 hours by email.

Radiology appointments can only be issued to the patient on receipt of a medical referral from the GP.

Radiology Services available across Glendon Wood Hospital & Woodland Hospital		
Diagnostic	Glendon Wood Hospital	Woodland Hospital
CT	✓	
Mammography	✓	
MRI	✓	✓
U/S (non-interventional)	✓	✓
U/S (interventional)	✓	✓
Urodynamics		✓
X-Ray	✓	✓

*direct access to our diagnostic services are for PMI and Self paying patients. NHS patients have access to diagnostic services via a consultant request.



Diagnostic Services Available at Glendon Wood Hospital & Woodland Hospital

Below are some examples of specialist diagnostics we provide. All diagnostics are available for direct access for our Private Patients, however Self referring patients require a GP / Clinician referral letter and private medical insured patients require a referral / authorisation from their policy provider.

Ultrasound including:

- Venous lower and upper limb doppler for the investigation of limb swelling, suspected chronic deep venous insufficiency, suspected acute/chronic DVT
- Arterial doppler of the lower limbs for the investigation of suspected claudication or critical limb ischaemia; these can be done simultaneously with specialist referral
- Elastography for deranged LFT's or fatty liver
- MSK diagnostics EXCEPT interventional which would require orthopaedic referral
- Carotid doppler for suspected carotid disease (TIA, Amaurosis Fugax)
- Small bowel for Crohn's/inflammation
- For lumps anywhere
- Groin and or Abdomen wall for hernia
- Gynaecology pelvis

MRI for routine and specialities including: Both our MRI systems are short and wide bore, making them patient friendly particularly for claustrophobic patients.

- Pelvic floor assessment
- Gynaecological assessment for pelvic pain and endometriosis
- Small Bowel for Crohn's/inflammation
- MR Proctograms for prolapse
- Multiparametric Prostate gold standard for Prostate MRI

CT including: Our CT service is at Glendon Wood Hospital. We put patients at ease and improve their experience, significantly lower radiation doses and AI-supported automation.

- Sinus CT for suspected chronic rhinosinusitis.
- Mandible/Dental CT for assessment, abscess
- CT temporal bones for suspected chronic middle ear or mastoid disease.
- High resolution CT chest for suspected interstitial lung disease; breathlessness of unknown origin.
- Abdominal pain and abdominal symptoms
- CTC for CIBH with raised FIT and patient not suitable for or doesn't want Colonoscopy.



Physiotherapy at **Glendon Wood Hospital**

The Physiotherapy Department is staffed by professional and experienced clinical Chartered Physiotherapists. We work to Physiotherapy Chartered Society Standards supporting best practice and will strive to provide the best in patient care.

The department contains 6 spacious physiotherapy treatment rooms as well as a large fully equipped gym. All physiotherapy patients have a treatment plan established on assessment by their physiotherapist, which is regularly reviewed during the course of physiotherapy treatment.

Private and self funded patient referrals are accepted from GPs and Allied Professionals. Self paying patients may refer themselves for physiotherapy. Discharge reports are sent to the patient and the referrer when the patient has completed treatment. Packages of care can be provided for patients with long term rehabilitation requirements.

NHS patients can be referred by GPs to an orthopaedic consultant who dependent upon assessment, could than be referred to physiotherapy for shockwave therapy or acupuncture. If an NHS patient has a surgical or steroid injection procedure following the orthopaedic consultation then the consultant can refer to physiotherapy following the procedure.

Referrals can be emailed to: **woodland.physioadmin@ramsayhealth.co.uk**

Physiotherapy Services Includes:

- Acupuncture
- Hand therapy
- Force plates assessment and treatment plans
- Musculoskeletal problems including back/neck pain
- Orthopaedic post-operative treatment
- Rehabilitation classes
- Shockwave therapy
- Sports and soft tissue injuries
- Sports injury prevention, assessment and management
- Women's health/continence

New Service **Women's Health Physiotherapy**

We are able to accept referrals for physiotherapy management of:

- Urinary dysfunction such as stress urinary incontinence and overactive bladder
- Pelvic floor assessment and rehab
- Pelvic pain / pain with intercourse
- Musculoskeletal conditions in pregnancy / post-natal such as pelvic girdle pain
- **New Mother Health Checks** including posture and pelvic floor assessment / scar check / diastasis recti check ('tummy gap')
- Treatment options - TTNS / Acupuncture techniques in conservative management of over-active bladder
- Bio-feedback for pelvic floor rehab
- Post-gynaecological surgery rehab

Physiotherapy at Glendon Wood Hospital

Force Plates - K-Invent Deltas

K-Invent Deltas are force plates that are used to enhance treatment.

The Delta's provided advanced bio-mechanical feedback. They can be used to improve sports performances, manage return to sport and provide data-based feedback to help tailor exercise programmes.

Tests:

Static and Dynamic Balance
Turnkey Protocols

Push Up Analysis
Landing Analysis

Squat Analysis
Jump Analysis

Key Features:

High Accuracy, within 0.1%

Responsive, 2000Hz maximum acquisition frequency

Fast, instant feedback within seconds



Glendon Wood Hospital & Woodland Hospital

Inclusion/Exclusion Criteria

	SUITABLE	ANAESTHETIC CLINIC/MDT MEETING	NOT SUITABLE
BMI	<40 with no co-morbidities Carry out ECG, HbA1c and consider PPI prescription and STOPBANG	40+ (Consider BMIs >35 for joint patients) (ECG, STOPBANG and HbA1c to be carried out at pre-assessment), and these patients to be highlighted to Theatres, Ward and Matron.	45
ASA Grade	ASA 1 and ASA 2	ASA 3	ASA 4 and 5
Age			
Age	18+		0-17
Cardiovascular			
Hypertension	Systolic <140mmHg Diastolic <90mmHg in Primary Care within the last 12 months	Systolic >140 - 160mmHg Diastolic >90 - 100mmHg (Ensure pre-op reading is the mean reading, and that it has been compared to patient's primary care readings over the past 12months prior to referral)	Poorly controlled Hypertenstion Systolic >170 or diastolic >100 despite hypertension medication
Valvular Disease		Discuss in Anaesthetic Clinic	Moderate/severe aortic stenosis (valve area 20)
Pacemaker/ Implanted Cardiac Device		Type of pacemaker - obtain relevant paperwork/dates of checks to then go in Anaesthetic Clinic	Pacemaker that has not been checked annually.
MI/Ischaemic Heart Disease	>12 months and no symptoms of angina	Angina/Ischaemic Heart Disease Mets < 4 MI 6-12month	MI within 6 months or unstable angina since MI
VTE/DVT/PE	>12 Months	>3-12	<3 months
Heart Failure	No symptoms or limitation of ordinary activity	Use New York Heart Association Classification	Any New York Heart Assosiation (NYHA) score 3 or higher
Cardiomyopathy		Needs further discussion Echo in last 12/12 Full cardiology reports available for review	Any unstable cardiac disease or currently under cardiology review MI, cardiac surgery including stents, angioplasty within last 6 mth
Coronary angioplasty/ stenting/CABG		Symptoms of angina or had angioplasty/stenting cardiology reports available for review **Patients with prosthetic mechanical heart valves must not omit anticoagulant medications	Procedure <6 months and on-going symptoms with use of Dual Antiplatelet Therapy (DAPT)

This is just a small section of the Inclusion and Exclusion criteria for Glendon Wood and Woodland Hospital. If you would like a copy of the full document or further information, please contact your Business Relations Manager: Rebecca.Dray@ramsayhealth.co.uk | 07436 370 973.

To ensure patient safety, every referral will be risk assessed against the following criteria: Age, BMI, smoking status, comorbidities, and current medical condition.

Business Relations **Manager**



In order to facilitate relationships between Glendon Wood Hospital and Woodland Hospital and the wider healthcare community, we have a dedicated Business Relations Manager working both in and around the Northamptonshire and Leicestershire area. Rebecca is responsible for building and developing relationships between those referring their patients and the hospital providing this treatment. She is able to utilise the expertise of our consultants to provide training and educational events to GPs, Practice Managers, Nurse Practitioners, optometrists and allied professionals enabling continuing professional development.

What our Business Relations Manager offers

Rebecca will provide:

- Lunch and Learn educational sessions.
- Consultant-led training for professionals.
- Social events and networking opportunities.
- Medical secretary workshops.
- Online referral system support.
- GP Referral literature and regular hospital updates.
- A direct liaison between referrers, Consultants and hospital services.

Rebecca can be contacted directly as follows:

07436 370 973

Rebecca.Dray@ramsayhealth.co.uk | WoodlandPrimarycare@ramsayhealth.co.uk



Simply send a referral letter via our secure online system or post.



In the meantime your patient can contact their local Ramsay Hospital directly to arrange a convenient appointment.



If the patient does not contact us we will contact them to arrange an appointment according to the details provided on the referral.

To make a referral, simply visit ramsayhealth.co.uk/health-professionals and complete the short form.

Other useful **contact numbers**

Glendon Wood Hospital Reception

01536 540 106

Woodland Hospital Reception

01536 414 515 / 01536 536 811

Business Relations Manager - Rebecca Dray

07436 370 973

Private Patient Appointments

01536 536 891

Private Patient Admissions

01536 536 803

Private Patient Quoting

01536 536 803

NHS Patient Appointments

01536 536 889

NHS Patient Admissions

01536 536 812

National Enquiry Centre - (self-pay enquiries and appointments)

01536 210 019

Notes

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How to find us

Glendon Wood Hospital

Glendon Lodge

Glendon, Kettering

NN14 1QF

glendonwoodhospital.co.uk

 /RamsayGlendonWood

Woodland Hospital

Rothwell Road

Kettering

NN16 8XF

woodlandhospital.co.uk

 /RamsayWoodlandHospital

Your nearest hospital

Midlands Cluster

You'll receive the best possible care from all the hospitals in the Ramsay Health Care group. Our hospitals in **your area** include:

